

## Pastoral Counseling

### **Counseling Agreement**

The following is a standard agreement for everyone seeking counsel from Christ Community Church through the counseling ministry. If you have any questions about this agreement, then please ask the counseling ministry staff. The men and women who provide biblical counsel seek to serve people according to the truth and grace of God's Word. Our Pastoral Counselors hold graduate degrees in Biblical counseling however are not licensed with the state of North Carolina.

The counselor assigned to help you will attempt to protect confidentiality in matters discussed during counseling meetings. There are limits, however, to this confidentiality that need to be mentioned. In these cases, your counselor may need to seek additional help for you or your family: 1) Intent to harm self or someone else, 2) Physical or sexual abuse of a child or elderly adult, 3) When your pastor or counselor believes other individuals need to be involved, such as his/her overseeing pastor, fellow counselors, or counseling professionals (for supervision and referral purposes).

It is my understanding that I am entering in to a process of counseling where personal and difficult issues may be discussed. While those with whom I counsel are expected to be respectful of my personal beliefs and opinions, I realize they will counsel me according to the Bible. There will not be a fee charged for counseling meetings. If I believe it necessary for my minor children to participate in counseling meetings, then I give written permission for the counselors involved to meet and counsel with my children. If during the process of counseling I become uncomfortable with the process or unwilling to continue, then I agree to discuss this first with my immediate counselor and second (if necessary) with the leaders/pastors who oversee this counseling ministry. I have thoroughly read and agree to all that has been stated regarding the counseling ministry at Christ Community Church. I hereby release and hold harmless Christ Community Church and lay counselors from any and all liability, claims, and/or expenses related to or arising from any care or counseling received (or not received).

Signature	Date

# <u>Christ Community Church- Counseling Ministry</u> <u>General Information Request Form</u>

Name:	DOB:
Sex: M/F	Marital Status: Married/Divorced/Single/Child/Other
Home Addre	SS:
Phone Numb	er:
Email Addres	s:
Occupation:_	
How did you	hear about our service?
Have you eve	er had or, are you currently experiencing suicidal ideations?
Who may we	contact in case of emergency?
Spouse:	Age:
If you have c	hildren, how many and what are their ages?

#### **Initial Counseling Questionnaire**

- 1. What are the main problems, as you see them, which bring you here?
- 2. What have you attempted to do about them so far?
- 3. Please list any medications you are on currently.
- 4. Are you seeking counseling from a biblical, Christian Perspective? If not, please explain.



# **Release of Responsibility**

I understand, Christ Community Church is contracting with Family Focus Counseling, PLLC to provide this counseling ministry.		
I will not hold Christ Community Church liable fo have received a copy of the professional disclosu	•	
Client Signature	Date	
Therapist Signature	Date	

## **Key Aspects of Consideration**

- ➤ Pastoral Counseling generally is short term therapy. A referral to a professional counselor may be warranted if deemed necessary.
- ➤ It is free to see a pastoral counselor.
- ➤ Our hours of operation are Monday-Friday 8-4.
- ➤ As a courtesy, if you are unable to keep your appointment, please give 24-hour notice.
- ➤ We want to serve you well, if there is any way we can improve our services, please let us know. You are loved!